

**FILE: JKF**

**ADOPTED: January 17, 1985**  
**REVIEWED: October 6, 1988, July 14, 1992**  
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## **PHYSICAL RESTRAINT**

It is the policy of the MSAD #54 Board of Directors that the use of physical restraint by any MSAD #54 employee in response to an action or threat of action by a student is inappropriate except for extreme circumstances.

Such extreme circumstances are limited to:

1. When the employee must physically restrain a student because of a clear threat to the employee's physical welfare;
2. When the employee must physically restrain a student because of a clear threat to another student's physical welfare as a result of a first student's actions;
3. When the employee must physically restrain a student because said student is acting to physically harm him/herself.

Only a reasonable amount of physical restraint should be applied in these extreme circumstances. The use of physical restraint shall always begin with the least amount of physical force or restraint and may only be increased as the safety of the individuals involved in the situation requires. Use of physical restraint should not result in an injury to a student despite the physical contact between an employee and a student.

All incidents requiring the use of physical restraint shall be immediately reported in writing by those involved to their immediate supervisor. The immediate supervisor will investigate the incident within 24 hours and send a copy of both the incident report and his/her review to the Superintendent's Office.